

# HeavenV Barbican

## Menu of health & beauty treatments

Off peak/peak

### MD Formulations Treatments

<b>MD Formulations Advanced Facials</b> Alpha	
Beta Customized Peel	£50/£55
Glycolic Acid Facial Peel	£50/£55
MediSpa	£55/£60

### Classical Prescription Facials

Illuminating	£50/£55
Clearing	£50/£55
Hydrating	£50/£55
Firming	£50/£55
Rosacea Management	£50/£55

### Guinot

Hydradermie Plus	£60/£65
Hydradermie Facial	£55/£60
Liftosome	£50/£55

### DiamondTome

Revive dull and uneven skin tone by safely and effectively removing dead skin cells using the latest technique in micro-dermabrasion. This advanced facial therapy uses a diamond-encrusted wand, which gently glides over the skin, to quickly restoring youthful glow.

Single Treatment	£45
Single Luxury Treatment	£55
Course of Six	£245
Course of Six Luxury	£300
Course of Ten	£405
Course of Ten Luxury	£490

### Massage & Specialist Treatments

Swedish massage 60 mins	£45/£50
Swedish massage 30 mins	£32/£35
Deep Tissue massage 60 mins	£50/£55
Deep Tissue massage 30 mins	£34/£38
Indian head massage	£32/£35

### Waxing Treatments

Quick, expert, and as painless as possible. For best results, hair should be at least a quarter inch in length. Waxing should not be performed before or after any heat treatments (e.g. sauna, steam, sunbed, or any form of exercise) to avoid irritation.

#### Strip Wax

Full leg	£33
Three quarter leg	£28
Half leg (ankle to knee)	£25
Full leg, underarm & bikini	£55
Half leg, underarm & bikini	£47
Bikini line	£17
Extended Bikini	£21
Underarm	£14
Full arm	£23
Half arm	£16
Lip or chin wax	£12
Lip and chin wax	£15
Men's back	£30
Men's chest	£20
Men's stomach	£20
Men's back & chest	£40
Men's shoulders & neck	£20

#### Lycon Hot Wax

Hot wax is renowned as the least painful and most effective waxing method. Ideal for removing short hairs, with longer lasting results.

Lip or chin wax	£15
Lip and chin wax	£18
Underarm	£20
Bikini	£20
Extended Bikini	£26
Brazilian	£42
Hollywood	£45

Off peak/peak

### Jessica Nail Care for Hand & Feet

Jessica Manicure	£23/£25
Jessica French Manicure	£28/£30
Jessica Deluxe Manicure	£30/£32
Jessica File & Polish	£14/£15
Jessica French File & Polish	£15/£17
Jessica Standard Pedicure	£30/£33
Jessica French Pedicure	£32/£35
Jessica Deluxe Pedicure	£36/£40
Men's Manicure	£18/£20
Men's Pedicure	£18/£20

### Jessica GELeration

Gelation Colour	£32
Gelation French Colour	£35
Gelation Colour (inc removal)	£36
Gelation French Colour (inc removal)	£39
Gelation Soak off & Tidy	£10
Gelation Soak off & Tidy with nail colour	£17

#### Aftercare Advice

For best results, avoid water for three to four hours after any nail treatment, and bring open-toe shoes to wear after a pedicure. To recreate the look at home, choose from a full range of polishes and nail treatments.

### Eye Shaping & Tinting

Eyebrow shape	£13/£14
Eyelash tint*	£18/£20
Eyebrow tint*	£12/£14
Eyelash & brow tint*	£24/£27
Eyelash & brow tint & shape*	£32/£35

\*Please note: if you haven't had an eyelash/brow treatment with us before, or not within the last six months, you must have a patch test 24-hours before your treatment.

Courses are available on a selection of treatments. All courses are valid for 6 months (course of 3) or 12 months (course of 6). Please ask a beauty therapist for details.

## Safe Tanning

### St Tropez Spray Tan **£23/£25**

The luxury tan quick-fix. This fast, effective tanning treatment is applied with a fine mist of colour in a heated booth for a rich, long-lasting bronzed look achieved in just 15 minutes.

### St Tropez Spray Tan With Body Scrub **£41/£45**

\*For optimum effectiveness, exfoliate and moisturise your skin the evening before your treatment. Please wear loose, dark clothing when you arrive for your treatment. To maintain your golden glow, avoid showering or having a bath 12 hours post-treatment.

## Pick & Mix Spa Day Experience

How does it work; Choose any of our 30 minute treatments from the list below and create your very own Virgin Active Spa Day Experience.

HeavenV Spa Massage  
HeavenV Spa Facial  
HeavenV Body Polish  
HeavenV Express Manicure  
HeavenV Express Pedicure

**2 Treatments for £48**

**3 Treatments for £65**

For an extra £10 you can include the use of our relaxation area, pool, spa, sauna and steam room.

## Ellipse IPL Treatments

### Ellipse Hair Removal

The Ellipse Superlight (IPL) system is a safe and effective treatment to remove unwanted hair from all areas of the body. The revolutionary process uses 'Intense Pulsed Light', which is absorbed by the hair pigment (melanin) to disable the follicle. Virtually painless, and clinically proven to reduce hair growth by up to 80%.

### Ellipse Skin Rejuvenation

Reverse the signs of ageing, sun exposure, smoking, poor diet and stress accumulated over the years to reveal a radiant complexion beneath. Treatments are most effective in people with light skin, who are not sun-tanned at the time of the treatment. A full face takes approximately 30 minutes, and you should expect a total of 1-3 treatments. This is a very dramatic and exclusive treatment. A consultation is required.

### Ellipse Acne Treatment

Acne can be a disfiguring and severely distressing condition, which affects people of all ages. Now, Ellipse IPL can restrict the oil production that leads to acne, before it starts. Typically treatments should be carried out once every 3 weeks for 4 treatments. Each treatment takes approximately 20 minutes.

### Ellipse Vascular Lesions, Thread Veins & Spider Vein Removal

Reduces vascular lesions such as broken capillaries, diffused redness, port wine stains and thread veins. Treatment is most effective on light skin, and the number of treatments is

dependent on the anatomic site and on the severity of the lesion. In general 1-4 treatments are to be expected, with an interval of 1-3 months.

A consultation and patch test is compulsory before any Ellipse treatment can commence. Consultations and patch test are free of charge.

## Spa Etiquette

24-hours notice is required for all cancellations. Failure to do so will incur a 50% charge.

Late arrivals will result in treatment time being shortened accordingly.

We recommend that you arrive at least ten minutes before your appointment time so that you are relaxed and prepared for your treatment.

HeavenV is open to members and non-members. We are happy to offer a client loyalty programme, please ask your therapist for details.

Gift vouchers are available for health and beauty treatments, packages and products. We regret that we cannot take responsibility for lost vouchers so please look after them. All vouchers expire six months from date of purchase.

All major credit cards accepted.

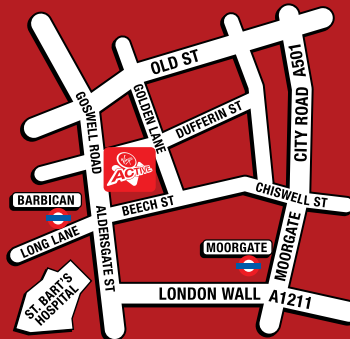
**For further information please visit our web site at [www.heavenv.co.uk](http://www.heavenv.co.uk) or e-mail us at [beauty.barbican@virginactive.co.uk](mailto:beauty.barbican@virginactive.co.uk)**

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0207 374 2787/0091

Monday: 10am - 7pm  
Tuesday - Thursday: 8am - 8pm  
Friday: 8am - 6pm  
Saturday: 10am - 6pm  
Sunday: Closed

Off peak: Mon - Fri: 8am - 12pm & 2pm - 5pm  
Peak: Mon - Fri: 12pm - 2pm & 5pm - 8pm  
and all day Saturday



[www.heavenv.co.uk](http://www.heavenv.co.uk)

**WE ARE OPEN TO NON MEMBERS**