

HeavenV Chelmsford

Menu of health & beauty treatments

Off peak/peak

ESPA Facial Treatments

Aromatherapy facial	£38/£42
Rebalancing facial	£38/£42
Rehydrating facial	£38/£42
Skin brightener facial	£42/£45
Regenerating facial	£42/£45
Regenerating & Firming	
Eye treatment	£28/£30
Advanced Concept Facial	£60/£65
Holistic back, face & scalp	£55/£60
Advanced Holistic back, face & scalp with hot stones	£60/£75
Express Facial	£23/£25

ESPA Body Treatments

Detoxifying Algae Wrap	£42/£45
Restorative Mud Wrap	£42/£45
Lifesaving Back Treatment	£32/£35
Holistic Total Body Care with Hot Stone Therapy	£60/£63
Stimulating Hip & Thigh Treatment	£39/£43
Pre Natal Treatment	£50/£53
Salt and Oil Body Scrub	£23/£25
Exfoliating Body Polish	£22/£25

MD Formulations Treatments

MD Formulations Advanced Facials

Alpha Beta Customized Peel	£45/£50
Glycolic Acid Facial Peel	£45/£50
MediSpa	£50/£55

Classical Prescription Facials

Illuminating	£42/£45
Clearing	£42/£45
Hydrating	£42/£45
Firming	£42/£45
Rosacea management	£42/£45

Body Wraps

Body Boutique Detox Body Wrap	£50
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Off peak/peak

CACI

CACI Eye and Neck Treatment £20/£25

Designed to treat the very fine, delicate skin surrounding the eye and neck area, this treatment gently lifts and smoothes the skin, giving a more vibrant, youthful appearance.

CACI Non-Surgical Facelift £40/£45

This facial uses a painless micro-current to stimulate, tone, and tighten the muscles of the face. Gently encouraging skin cells to function more efficiently, giving you a visibly lifted appearance and youthful glow.

CACI Super Non-Surgical Facelift £45/£50

As per above, but with additional time spent treating particular areas of concern on the face.

A course of 10 treatments is recommended for all of the above.

Massage & Specialist Treatments

Aromatherapy 60 mins	£42/£47
Aromatherapy 30 mins	£29/£32
Swedish massage 60 mins	£42/£47
Swedish massage 30 mins	£29/£32
Deep-tissue massage 60 mins	£42/£47
Deep-tissue massage 30 mins	£29/£32
Hot stone 60 mins	£42/£47
Hot stone 30 mins	£29/£32
Indian head massage	£27/£30
Hopi ears (With sinus pressure point massage)	£23/£25

Waxing Treatments

Quick, expert, and as painless as possible. Should not be performed before or after any heat treatments (e.g. sauna, steam, sunbed, or any exercise) to avoid irritation

Strip Wax

Full leg	£27
Three quarter leg	£22

Off peak/peak

Half leg	£18
Full leg, underarm & bikini	£47
Half leg, underarm & bikini	£38
Bikini line	£12
Extended bikini	£16
Underarm	£11
Full arm	£20
Half arm	£15
Lip or chin wax	£10
Lip and chin wax	£12
Men's back	£25
Men's chest	£18
Men's stomach	£20
Men's back & chest	£30
Men's shoulders & neck	£20

Lycon Hot Wax

Renowned as the least painful and most effective waxing method available.

Lip or chin wax	£12
Lip and chin wax	£15
Underarm	£14
Bikini line	£16
Brazilian	£22
Hollywood	£25
Playboy	£25

Eye Shaping, Tinting & Perming

Eyebrow shape	£12
Eyelash tint*	£15
Eyebrow tint*	£12
Eyelash & brow tint*	£22
Eyelash & brow tint & shape*	£30
Eyelash perming*	£38

*Please note: if you haven't had an eyelash/brow treatment or perm with us before, or not within the last six months, you must have a patch test 24-hours before your treatment.

Make-Up

i.d. BareMinerals Make-Up	
Makeover	£20/£25

Jessica Nail Care for Hand & Feet

Jessica Manicure	£20/£22
Jessica French Manicure	£23/£25
Jessica Deluxe Manicure	£27/£30
Jessica Polish Fingers/Toes	£10/£12
Jessica French File & Polish	£13/£14
Jessica Standard Pedicure	£24/£27
Jessica French Pedicure	£27/£30
Jessica Deluxe Pedicure	£32/£35
Men's Manicure	£18/£20
Men's Pedicure	£23/£25

Jessica GELeration

GELeration Colour	£32
GELeration French Colour	£35
GELeration Colour (inc removal)	£36
GELeration French Colour (inc removal)	£39
GELeration Soak off & Tidy	£10
GELeration Soak off & Tidy with nail colour	£17

Aftercare Advice

For best results, avoid water for three to four hours after treatment, and bring open-toe shoes to wear after a pedicure.

Safe Tanning

Fake Bake Manual Tanning £40/£42
Includes a full body exfoliation followed by a Fake Bake tan, leaving you with a natural bronzed look that lasts for days.

Fake Bake Spray Tan £18/£20
Fast, effective tanning treatment applied with a fine mist of colour in a heated booth for a deep, bronzed look that lasts for days.

Fake Bake Spray Tan £27/£30
– As above with exfoliation.

Pick & Mix Spa Day Experience Spa Etiquette

How does it work; Choose any of our 30 minute treatments from the list below and create your very own Virgin Active Spa Day Experience.

HeavenV Spa Massage
HeavenV Spa Facial
HeavenV Body Polish
HeavenV Express Manicure
HeavenV Express Pedicure

2 Treatments for £48

3 Treatments for £65

For an extra £10 you can include the use of our relaxation area, pool, spa, sauna and steam room.

Make your spa experience absolutely HeavenV

Beauty is not skin-deep, we know. That's why we've created a unique spa experience to indulge mind and body. Step inside, and discover a world of transformational beauty treatments and advanced therapies at your fingertips. Then, step outside feeling refreshed, revitalised, and truly exhilarated from your time with us.

Our therapists are highly qualified professionals, so you can be confident in their expertise, and benefit from some of the most advanced face and body treatments available. Restore flagging energy levels, rejuvenate tired looking skin, massage tense, aching muscles, or treat yourself to a range of salon services.

Please ask for advice from our fully qualified therapists if you are unsure about which facial or body treatment is best suited to you.

We ask that you turn off your mobile phone whilst in the salon.

24-hours notice is required for all cancellations. Failure to do so will incur a 50% charge.

We recommend that you arrive at least ten minutes before your appointment time so that you are relaxed and prepared for your treatment.

Late arrivals will result in treatment time being shortened accordingly.

HeavenV is open to members and non-members.

We are happy to offer a client loyalty programme, please ask your therapist for details.

Gift vouchers are available for health and beauty treatments, packages and products. We regret that we cannot take responsibility for lost vouchers so please look after them.

All vouchers expire six months from date of purchase.

All major credit cards accepted.

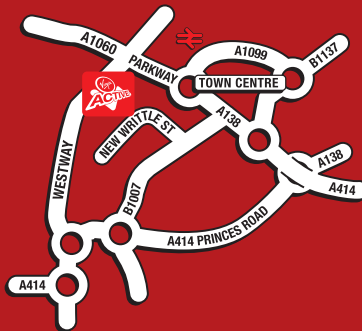
For further information please visit our web site at www.heavenv.co.uk or e-mail us at beauty.chelmsford@virginactive.co.uk

HeavenV Spa
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01245 396021

Monday - Friday: 9am - 8pm
Saturday - Sunday: 9am - 6pm

Off peak: Mon - Wed: 9am - 4pm
Peak: Mon - Wed: 4pm - 8pm and all day Thursday - Sunday



www.heavenv.co.uk

WE ARE OPEN TO NON MEMBERS