

HeavenV Didsbury

Menu of health & beauty treatments

ESPA Facial Treatments

Aromatherapy facial	£52
Rebalancing facial	£52
Rehydrating facial	£52
Skin brightener facial	£52
Regenerating facial	£52
Luxury facial	£65
Regenerating & Firming	
Eye treatment	£35
Advanced Concept Facial	£70
Holistic back, face & scalp	£70
Advanced Holistic back, face & scalp with hot stones	£70
Express Facial	£30

ESPA Body Treatments

Detoxifying Algae Wrap	£55
Restorative Mud Wrap	£55
Lifesaving Back Treatment	£45
Holistic Total Body Care	£70
Holistic Total Body Care with Hot Stone Therapy	£80
Stimulating Hip & Thigh Treatment	£55
Pre Natal Treatment	£72
Salt and Oil Body Scrub	£32
Exfoliating Body Polish	£32

MD Formulations Treatments

MD Formulations Advanced Facials

Alpha Beta Customized Peel	£50
Glycolic Acid Facial Peel	£50
MediSpa	£55

Classical Prescription Facials

Illuminating	£52
Clearing	£52
Hydrating	£52
Firming	£52
Rosacea Management	£52

Massage & Specialist Therapies

Swedish massage 60 mins	£50
Swedish massage 30 mins	£30
Reflexology	£35
Hot stone massage 60 mins	£55

Hot stone massage 30 mins	£35
Indian head massage	£30
Thai style massage 60mins	£55
Thai style massage 30mins	£35
Hopi ears	£20
Hopi ears (With sinus massage)	£35

Waxing Treatments

Quick, expert, and as painless as possible. For best results, hair should be at least a quarter inch in length. Waxing should not be performed before or after any heat treatments (e.g. sauna, steam, sunbed, or any form of exercise) to avoid irritation.

Strip Wax

Full leg	£30
Three quarter leg	£25
Half leg (ankle to knee)	£18
Full leg, underarm & bikini	£45
Half leg, underarm & bikini	£38
Full leg & bikini	£38
Half leg & bikini	£30
Bikini line	£13
Extended Bikini	£18
Underarm	£12
Full arm	£20
Half arm	£15
Lip or chin wax	£10
Lip and chin wax	£13
Men's back	£22
Men's chest	£22
Men's stomach	£20
Men's back & chest	£30
Men's shoulders & neck	£20

Lycon Hot Wax

Hot wax is renowned as the least painful and longer lasting waxing method. Ideal for removing short hairs.

Lip or chin wax	£13
Lip and chin wax	£17
Underarm	£16
Bikini	£16
Brazilian	£25
Hollywood	£35
Playboy	£30

Jessica Nail Care for Hand & Feet

Jessica Manicure	£22
Jessica French Manicure	£25
Jessica Deluxe Manicure	£32
Jessica File & Polish	£15
Jessica French File & Polish	£17
Jessica Standard Pedicure	£27
Jessica French Pedicure	£31
Jessica Deluxe Pedicure	£37
Men's Manicure	£20
Men's Pedicure	£25
Minx Toes	£25

Jessica GELeration

GELeration Colour	£32
GELeration French Colour	£35
GELeration Colour (inc removal)	£36
GELeration French Colour (inc removal)	£39
GELeration Soak off & Tidy	£10
GELeration Soak off & Tidy with nail colour	£17

Aftercare Advice

For best results, avoid water for three to four hours after any nail treatment, and bring open-toe shoes to wear after a pedicure. To recreate the look at home, choose from a full range of polishes and nail treatments.

Eye Shaping, Tinting & Perming

Eyebrow shape	£12
Eyelash tint*	£16
Eyebrow tint*	£12
Eyelash & brow tint*	£23
Eyelash & brow tint & shape*	£30
Eyelash perming*	£38

*Please note: if you haven't had an eyelash/brow treatment or perm with us before, or not within the last six months, you must have a patch test 24-hours before your treatment.

Body Wraps

Body Boutique Detox Body Wrap **£70**

Make-Up

i.d. BareMinerals Make-Up
Makeover **£27**

Safe Tanning

St Tropez Spray Tan **£25**

The luxury tan quick-fix. This fast, effective tanning treatment is applied with a fine mist of colour in a heated booth for a rich, long-lasting bronzed look achieved in just 15 minutes.

**St Tropez Spray Tan With
Body Scrub** **£35**

St Tropez Manual Tan **£45**

*For optimum effectiveness, exfoliate and moisturise your skin the evening before your treatment. Wear loose, dark clothing when you arrive for your treatment. To maintain your tan, avoid showering or bath 12 hours post-treatment.

Pick & Mix Spa Day Experience

How does it work; Choose any of our 30 minute treatments from the list below and create your very own Virgin Active Spa Day Experience.

HeavenV Spa Massage
HeavenV Spa Facial
HeavenV Body Polish
HeavenV Express Manicure
HeavenV Express Pedicure

2 Treatments for £48

3 Treatments for £65

For an extra £10 you can include the use of our relaxation area, pool, spa, sauna and steam room.

Ellipse IPL Treatments

Ellipse Hair Removal

The Ellipse Superlight (IPL) system is a safe and effective treatment to remove unwanted hair from all areas of the body. The revolutionary process uses 'Intense Pulsed Light', which is absorbed by the hair pigment (melanin) to disable the follicle. Virtually painless, and clinically proven to reduce hair growth by up to 80%.

Ellipse Skin Rejuvenation

Reverse the signs of ageing, sun exposure, smoking, poor diet and stress accumulated over the years to reveal a radiant complexion beneath. Treatments are most effective in people with light skin, who are not sun-tanned at the time of the treatment. A full face takes approximately 30 minutes, and you should expect a total of 1-3 treatments. This is a very dramatic and exclusive treatment. A consultation is required.

Ellipse Acne Treatment

Acne can be a disfiguring and severely distressing condition, which affects people of all ages. Now, Ellipse IPL can restrict the oil production that leads to acne, before it starts. Typically treatments should be carried out once every 3 weeks for 4 treatments. Each treatment takes approximately 20 minutes.

Ellipse Vascular Lesions, Thread Veins & Spider Vein Removal

Reduces vascular lesions such as broken capillaries, diffused redness, port wine stains and thread veins. Treatment is most effective on light skin, and the number of treatments is dependent on the anatomic site and on the severity of the lesion. In general 1-4 treatments are to be expected, with an interval of 1-3 months.

A consultation and patch test is compulsory before any Ellipse treatment can commence. Consultations and patch test are free of charge.

Spa Etiquette

24-hours notice is required for all cancellations. Failure to do so will incur a 50% charge.

We recommend that you arrive at least ten minutes before your appointment time so that you are relaxed and prepared for your treatment. Late arrivals will result in treatment time being shortened accordingly.

HeavenV is open to members and non-members.

Gift vouchers are available. We regret that we cannot take responsibility for lost vouchers so please look after them. All vouchers expire six months from date of purchase.

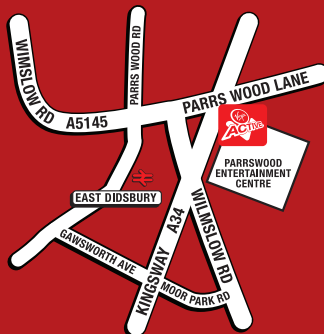
All major credit cards accepted.

For further information please visit our web site at www.heavenv.co.uk or email us at beauty.didsbury@virginactive.co.uk

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0161 249 5622

Monday - Thursday: 9am - 8pm
Friday: 9am - 7pm
Saturday - Sunday: 9am - 5pm



www.heavenv.co.uk

WE ARE OPEN TO NON MEMBERS