

HeavenV Merton Abbey

Menu of health & beauty treatments

Off peak/peak

ESPA Facial Treatments

Aromatherapy facial	£41/£46
Rebalancing facial	£41/£46
Rehydrating facial	£41/£46
Skin brightener facial	£45/£50
Regenerating facial	£45/£50
Regenerating & Firming	
Eye treatment	£27/£30
Advanced Concept Facial	£60/£65
Holistic back, face & scalp	£60/£65
Advanced Holistic back, face & scalp with hot stones	£65/£70
Express Facial	£25/£28

ESPA Body Treatments

Detoxifying Algae Wrap	£45/£50
Restorative Mud Wrap	£45/£50
Lifesaving Back Treatment	£35/£40
Holistic Total Body Care with Hot Stone Therapy	£65/£70
Stimulating Hip & Thigh Treatment	£40/£45
Pre Natal Treatment	£50/£55
Salt and Oil Body Scrub	£27/£30
Exfoliating Body Polish	£27/£30

MD Formulations Treatments

MD Formulations Advanced Facials

Alpha Beta Customized Peel	£45/£55
Glycolic Acid Facial Peel	£50/£55
MediSpa	£55/£60

Classical Prescription Facials

Illuminating	£45/£50
Clearing	£45/£50
Hydrating	£45/£50
Firming	£45/£50
Rosacea Management	£45/£50

Make-Up

i.d. BareMinerals Make-Up Makeover	£20/£25
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Off peak/peak

Massage & Specialist Treatments

Aromatherapy 60 mins	£45/£50
Aromatherapy 30 mins	£32/£35
Swedish massage 60 mins	£45/£50
Swedish massage 30 mins	£32/£35
Reflexology	£32/£35
Indian head massage	£32/£35
Hopi ears	£18/£20
Hopi ears (With sinus pressure point massage)	£27/£30

Waxing Treatments

Should not be performed before or after any heat treatments (e.g. sauna, steam, sunbed, or any exercise) to avoid irritation

Strip Wax

Full leg	£28/£31
Three quarter leg	£25/£28
Half leg	£20/£22
Full leg, underarm & bikini	£45/£50
Half leg, underarm & bikini	£36/£40
Bikini line	£12/£16
Underarm	£14/£16
Full arm	£22/£24
Half arm	£16/£18
Lip or chin wax	£11/£12
Lip and chin wax	£14/£15
Men's back	£23/£25
Men's chest	£23/£25
Men's stomach	£18/£20
Men's back & chest	£30/£33
Men's shoulders & neck	£18/£20

Lycon Hot Wax

Renowned as the least painful and most effective waxing method available.

Lip or chin wax	£14/£15
Lip and chin wax	£23/£25
Underarm	£16/£18
Bikini line	£18/£20
Brazilian	£29/£32
Hollywood	£32/£35

Off peak/peak

Eye Shaping, Tinting & Perming

Eyebrow shape	£12/£13
Eyelash tint*	£17/£18
Eyebrow tint*	£11/£13
Eyelash & brow tint*	£21/£24
Eyelash & brow tint & shape*	£26/£29
Eyelash perming*	£31/£36

*Please note: if you haven't had an eyelash/brow treatment or perm with us before, or not within the last six months, you must have a patch test 24-hours before your treatment.

Jessica Nail Care for Hand & Feet

Jessica Manicure	£23/£25
Jessica French Manicure	£25/£28
Jessica Deluxe Manicure	£32/£35
Jessica Polish Fingers/Toes	£14/£15
Jessica French File & Polish	£15/£17
Jessica Standard Pedicure	£29/£32
Jessica French Pedicure	£32/£35
Jessica Deluxe Pedicure	£36/£38
Men's Manicure	£18/£20
Men's Pedicure	£23/£25
Minx Nails	£23/£25

Jessica GELeration

GELeration Colour	£32
GELeration French Colour	£35
GELeration Colour (inc removal)	£36
GELeration French Colour (inc removal)	£39
GELeration Soak off & Tidy	£10
GELeration Soak off & Tidy with nail colour	£17

Aftercare Advice

For best results, avoid water for three to four hours after treatment, and bring open-toe shoes to wear after a pedicure.

Pick & Mix Spa Day Experience

How does it work; Choose any of our 30 minute treatments from the list below and create your very own Virgin Active Spa Day Experience.

HeavenV Spa Massage
HeavenV Spa Facial
HeavenV Body Polish
HeavenV Express Manicure
HeavenV Express Pedicure

2 Treatments for £48

3 Treatments for £60

For an extra £10 you can include the use of our relaxation area, pool, spa, sauna and steam room.

Safe Tanning

Fake Bake Manual Tanning £41/£45

This luxurious tanning treatment includes a full body exfoliation followed by a Fake Bake tan, leaving you with a natural bronzed look that lasts for days after.

Fake Bake Spray Tan £23/£25

This fast, effective tanning treatment is applied with a fine mist of colour in a heated booth for a deep, bronzed look that lasts for days.

Fake Bake Spray Tan with Body Scrub £27/£30

*For optimum effectiveness, exfoliate and moisturise your skin the evening before your treatment. Please wear loose, dark clothing when you arrive for your treatment.

To maintain your tan, avoid showering or bathing 12 hours post-treatment.

Make your spa experience absolutely HeavenV

Beauty is not skin-deep, we know. That's why we've created a unique spa experience to indulge mind and body. Step inside, and discover a world of transformational beauty treatments and advanced therapies at your fingertips. Then, step outside feeling refreshed, revitalised, and truly exhilarated from your time with us.

Our therapists are highly qualified professionals, so you can be confident in their expertise, and benefit from some of the most advanced face and body treatments available. Restore flagging energy levels, rejuvenate tired looking skin, massage tense, aching muscles, or treat yourself to a range of salon services.

Or why not have a little bit of each? We offer a custom spa packages and gift vouchers to suit all budgets. Then, if you just can't bear to leave us at the end, choose from a wide selection of luxury skincare and beauty products available for purchase, and bring a little piece of heaven home with you.

Spa Etiquette

We ask that you turn off your mobile phone whilst in the salon.

HeavenV is open to members and non-members.

24-hours notice is required for all cancellations. Failure to do so will incur a 50% charge.

Late arrivals will result in treatment time being shortened accordingly.

We recommend that you arrive at least ten minutes before your appointment time so that you are relaxed and prepared for your treatment.

We are happy to offer a client loyalty programme, please ask your therapist for details.

Courses are available on a selection of treatments. All courses are valid for 6 months (course of 3) or 12 months (course of 6). Please ask a beauty therapist for details.

Gift vouchers are available for health and beauty treatments, packages and products.

We regret that we cannot take responsibility for lost vouchers so please look after them.

All vouchers expire six months from date of purchase.

Please ask for advice from our fully qualified therapists if you are unsure about which facial or body treatment is best suited to you.

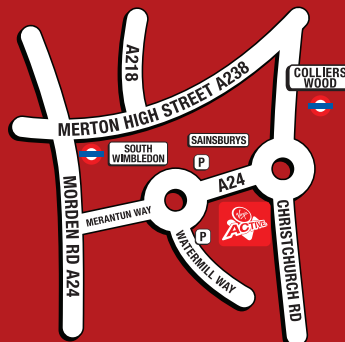
All major credit cards accepted.

For further information please visit our web site at www.heavenv.co.uk or e-mail us at beauty.mertonabbey@virginactive.co.uk

HeavenV Spa
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Watermill Way Off
Merantun Way
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0208 495 8567

Monday: Closed
Tuesday - Thursday: 11am - 9pm
Friday: 10am - 8pm
Saturday - Sunday: 9am - 6pm

Off peak: Tues - Fri: 10am - 12pm & 2pm - 5pm
Peak: Tues - Fri: 12pm - 2pm & 5pm - 9pm and
all day Saturday & Sunday



www.heavenv.co.uk

WE ARE OPEN TO NON MEMBERS