

# HeavenV Strand

Menu of health & beauty treatments

Off peak/peak

## MD Formulations

Alpha/Beta Customized Facial Peel	<b>£60/£65</b>
Glycolic Acid Facial Peel - (Deep Exfoliating Treatment)	<b>£45/£50</b>
Alpha/Beta Rosacea Peel	<b>£50/£55</b>

## Classic Prescriptions Facials

Illuminating Facial	<b>£45/£50</b>
Clearing Facial	<b>£45/£50</b>
Antioxidant Hydrating Facial	<b>£45/£50</b>
Age Control Firming Facial	
Rosacea Management – Anti Redness Facial	<b>£45/£50</b>

## Massage Treatments & Speciality Therapies

Sports Massage	<b>£55</b>
Deep-tissue Massage 60 mins	<b>£55</b>
Deep-tissue Massage 30 mins	<b>£35</b>
Swedish Massage 60 mins	<b>£55</b>
Swedish Massage 30 mins	<b>£30/£35</b>

## Make-Up

i.d. BareMinerals Make-Up	
Make-up Lesson	<b>£30/£35</b>
Makeover	<b>£25/£30</b>

## Waxing Treatments

Full leg & bikini line	<b>£35/£40</b>
Full leg	<b>£28/£30</b>
Three quarter leg	<b>£26/£28</b>
Half leg (ankle to knee)	<b>£18/£20</b>
Full leg, underarm & bikini	<b>£45/£47</b>
Half leg, underarm & bikini	<b>£38/£40</b>
Bikini line	<b>£12/£14</b>
Underarm	<b>£12/£14</b>
Full arm	<b>£22/£24</b>
Half arm	<b>£16/£18</b>

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Lip or chin wax	<b>£10/£12</b>
Lip and chin wax	<b>£14/£16</b>
Brazilian wax	<b>£25/£30</b>
Half leg & bikini line	<b>£27/£32</b>
Men's back	<b>£24/£26</b>
Men's chest	<b>£24/£26</b>
Men's stomach	<b>£18/£20</b>
Men's back & chest	<b>£40/£42</b>
Men's shoulders & neck	<b>£15/£18</b>

## Lyon Wax

Hot wax is renowned as the least painful and most effective waxing method available. Ideal for removing short hairs, with longer lasting results.

Lip or chin wax	<b>£12/£14</b>
Lip and chin wax	<b>£16/£18</b>
Eyebrows	<b>£13/£15</b>
Underarm	<b>£18/£20</b>
Bikini wax	<b>£20/£23</b>
Brazilian	<b>£30/£33</b>
Hollywood	<b>£40/£45</b>

## Eye Shaping & Tinting

Eyebrow shape	<b>£12/£14</b>
Eyelash tint*	<b>£16/£18</b>
Eyebrow tint*	<b>£10/£12</b>
Eyelash & brow tint*	<b>£22/£24</b>
Eyelash & brow tint & shape*	<b>£30/£33</b>

\*Please note: if you haven't had an eyelash/brow treatment or perm with us before, or not within the last six months, you must have a patch test 24-hours before your treatment.

## Jessica Nail Care for Hand & Feet

Jessica Manicure	<b>£25/£27</b>
Jessica Deluxe Manicure	<b>£30/£32</b>
Jessica File & Polish	<b>£14/£16</b>
Jessica French File & Polish	<b>£16/£18</b>
Jessica Standard Pedicure	<b>£30/£33</b>

Off peak/peak

Jessica Deluxe Pedicure	<b>£33/£35</b>
Jessica Mens Manicure	<b>£18/£20</b>
Jessica Mens Pedicure	<b>£20/£22</b>

## Pick & Mix Spa Day Experience

How does it work; Choose any of our 30 minute treatments from the list below and create your very own Virgin Active Spa Day Experience.

Neck, back and shoulder massage  
Express facial  
Full body polish  
Express manicure  
Express pedicure  
Eyelash/brow tint  
File & Polish for fingers and toes

**2 Treatments for £45**  
**3 Treatments for £60**  
**4 Treatments for £75**

For an extra £10 you can include the use of our relaxation area, pool, spa, sauna and steam room.

## Safe Tanning

**St Tropez Airport £20/£25**  
The luxury tan quick-fix. This fast, effective tanning treatment is applied with a fine mist of colour in a heated booth for a rich, long-lasting bronzed look achieved in just 15 minutes.

\*For optimum effectiveness, exfoliate and moisturise your skin the evening before your treatment. Please wear loose, dark clothing when you arrive for your treatment. To maintain your golden glow, avoid showering or having a bath 12 hours post-treatment.

## Make your spa experience absolutely HeavenV

Beauty is not skin-deep, we know. That's why we've created a unique spa experience to indulge mind and body. Step inside, and discover a world of transformational beauty treatments and advanced therapies at your fingertips. Then, step outside feeling refreshed, revitalised, and truly exhilarated from your time with us.

Our therapists are highly qualified professionals, so you can be confident in their expertise, and benefit from some of the most advanced face and body treatments available. Restore flagging energy levels, rejuvenate tired looking skin, massage tense, aching muscles, or treat yourself to a range of salon services.

Or why not have a little bit of each? We offer a custom spa packages and gift vouchers to suit all budgets. Then, if you just can't bear to leave us at the end, choose from a wide selection of

luxury skincare and beauty products available for purchase, and bring a little piece of heaven home with you.

### Spa Etiquette

24-hours notice is required for all cancellations. Failure to do so will incur a 50% charge.

Late arrivals will result in treatment time being shortened accordingly.

We recommend that you arrive at least ten minutes before your appointment time so that you are relaxed and prepared for your treatment.

HeavenV is open to members and non-members.

We are happy to offer a client loyalty programme, please ask your therapist for details.

Courses are available on a selection of treatments. Please ask at the beauty therapist for details.

Gift vouchers are available for health and beauty treatments, packages

and products. We regret that we cannot take responsibility for lost vouchers so please look after them. All vouchers expire six months from date of purchase.

All major credit cards accepted.

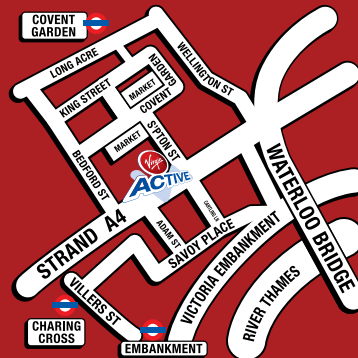
For further information please visit our web site at [www.heavenv.co.uk](http://www.heavenv.co.uk) or e-mail us at [beauty.strand@virginactive.co.uk](mailto:beauty.strand@virginactive.co.uk)

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WC2R 0DT

0207 395 9595

Monday - Tuesday: 9am - 6pm  
Wednesday - Thursday: 10am - 8pm  
Friday: 10am - 7pm  
Saturday: 9am - 5pm  
Sunday: Closed

Off peak: Mon - Sat: 9am - 12pm & 2pm - 5pm  
Peak: Mon - Sat: 12pm - 2pm & 5pm - 8pm



[www.heavenv.co.uk](http://www.heavenv.co.uk)