

HeavenV West London

Menu of health & beauty treatments

ESPA Facial Treatments

Aromatherapy Facial	£46
Rebalancing Facial	£46
Rehydrating Facial	£46
Skin Brightener Facial	£50
Regenerating Facial	£50
Regenerating and Firming Eye Treatment	£35
Advanced Concept Facial	£70
Holistic Back, Face and Scalp Express Facial	£65
	£30

ESPA Body Treatments

Detoxifying Algae Wrap	£50
Restorative Mud Wrap	£50
Lifesaving Back Treatment	£50
Stimulating Hip & Thigh Treatment	£48
Pre Natal Treatment	£58
Salt and Oil Body Scrub	£30
Exfoliating Body Polish	£30

MD Formulations Treatments

MD Formulations Advanced Facials	
Alpha Beta Customized Peel	£55
Glycolic Acid Facial Peel	£50
MediSpa	£60

Classical Prescription Facials

Illuminating	£52
Clearing	£52
Hydrating	£52
Firming	£52
Rosacea Management	£52

Massage & Specialist Treatments

Aromatherapy 60 mins	£50
Aromatherapy 30 mins	£35
Swedish Massage 60 mins	£48
Swedish Massage 30 mins	£32
Hot Stone 60mins	£50
Hot Stone 30mins	£35
Indian Head Massage	£35
Hopi Ears (With sinus pressure point massage)	£25
Hopi Ears	£20

CACI

CACI Eye and Neck Treatment £40

Designed to treat the very fine, delicate skin surrounding the eye and neck area, this treatment gently lifts and smoothes the skin, giving a more vibrant, youthful appearance.

CACI Non-Surgical Facelift £50

This facial uses a painless micro-current to stimulate, tone, and tighten the muscles of the face. Gently encouraging skin cells to function more efficiently, giving you a visibly lifted appearance and youthful glow.

CACI Super Non-Surgical Facelift £58

As per above, but with additional time spent treating particular areas of concern on the face.

A course of 10 treatments is recommended for all of the above.

Waxing Treatments

Quick, expert, and as painless as possible. For best results, hair should be at least a quarter inch in length. Waxing should not be performed before or after any heat treatments (e.g. sauna, steam, sunbed, or any form of exercise) to avoid irritation.

Strip Wax

Full leg	£30
Three quarter leg	£25
Half leg (ankle to knee)	£20
Full leg, underarm & bikini	£47
Half leg, underarm & bikini	£38
Bikini line	£15
Extended Bikini	£18
Underarm	£15
Full arm	£22
Half arm	£16
Lip or chin wax	£15
Lip and chin wax	£18
Men's back	£22
Men's chest	£22

Men's stomach	£20
Men's back & chest	£30
Men's shoulders & neck	£20

Lycon Hot Wax

Hot wax is renowned as the least painful and most effective waxing method available. Ideal for removing short hairs, with longer lasting results.

Lip or chin wax	£16
Lip and chin wax	£19
Underarm	£18
Bikini Line	£18
Brazilian	£30
Hollywood	£35

Jessica Nail Care for Hand & Feet

Jessica Manicure	£22
Jessica French Manicure	£25
Jessica Deluxe Manicure	£33
Jessica File & Polish Fingers or Toes	£15
Jessica French File & Polish Fingers or Toes	£17
Jessica Standard Pedicure	£28
Jessica French Pedicure	£31
Jessica Deluxe Pedicure	£37
Men's Manicure	£20
Men's Pedicure	£25

Jessica GELeration

GELeration Colour	£32
GELeration French Colour	£35
GELeration Colour (inc removal)	£36
GELeration French Colour (inc removal)	£39
GELeration Soak off & Tidy	£10
GELeration Soak off & Tidy with Nail Colour	£17

Aftercare Advice

For best results, avoid water for three to four hours after any nail treatment, and bring open-toe shoes to wear after a pedicure. To recreate the look at home, choose from a full range of polishes and nail treatments available for purchase.

Eye Shaping, Tinting & Perming

Eyebrow shape	£12
Eyelash tint*	£18
Eyebrow tint*	£14
Eyelash & brow tint*	£27
Eyelash & brow tint & shape*	£35
Eyelash perming*	£40

*Please note: if you haven't had an eyelash/brow treatment or perm with us before, or not within the last six months, you must have a patch test 24-hours before your treatment.

Safe Tanning

Fake Bake Manual Tanning	£45
Fake Bake Spray Tan	£20
Fake Bake Spray Tan with Body Scrub	£30

*For optimum effectiveness, exfoliate and moisturise your skin the evening before your treatment. Wear loose, dark clothing when you arrive for your treatment. To maintain your golden glow, avoid showering or having a bath 12 hours post-treatment.

Pick & Mix Spa Day Experience

How does it work; Choose any of our 30 minute treatments from the list below and create your very own Virgin Active Spa Day Experience.

HeavenV Spa Massage
HeavenV Spa Facial
HeavenV Body Polish
HeavenV Express Manicure
HeavenV Express Pedicure

2 Treatments for £48

3 Treatments for £65

For an extra £10 you can include the use of our relaxation area, pool, spa, sauna and steam room.

Make-Up i.d. BareMinerals Make-Up

Make-up Lesson	£28
Makeover	£27

Ellipse IPL Treatments

Ellipse Hair Removal

The Ellipse Superlight (IPL) system is a safe and effective treatment to remove unwanted hair from all areas of the body. The revolutionary process uses 'Intense Pulsed Light', which is absorbed by the hair pigment (melanin) to disable the follicle. Virtually painless, and clinically proven to reduce hair growth by up to 80%.

Ellipse Skin Rejuvenation

Reverse the signs of ageing, sun exposure, smoking, poor diet and stress accumulated over the years to reveal a radiant complexion beneath. Treatments are most effective in people with light skin, who are not sun-tanned at the time of the treatment. A full face takes approximately 30 minutes, and you should expect a total of 1-3 treatments. This is a very dramatic and exclusive treatment. A consultation is required.

Ellipse Acne Treatment

Acne can be a disfiguring and severely distressing condition, which affects people of all ages. Now, Ellipse IPL can restrict the oil production that leads to acne, before it starts. Typically treatments should be carried out once every 3 weeks for 4 treatments. Each treatment takes approximately 20 minutes.

Ellipse Vascular Lesions, Thread Veins & Spider Vein Removal

Reduces vascular lesions such as broken capillaries, diffused redness, port wine stains and thread veins. Treatment is most effective on light skin, and the number of treatments is dependent on the anatomic site and on the severity of the lesion. In general 1-4 treatments are to be expected, with an interval of 1-3 months.

A consultation and patch test is compulsory before any Ellipse treatment can commence. Consultations and patch test are free of charge.

Spa Etiquette

Cancellations. 24-hours notice is required. Failure to notify will incur a 50% charge. Late arrivals will result in treatment time being shortened accordingly.

We recommend that you arrive at least ten minutes before your appointment time so that you are relaxed and prepared for your treatment. We ask that you turn off your mobile phone whilst in the salon.

Courses are available on a selection of treatments – ask a beauty therapist for details.

Gift vouchers are available. We regret that we cannot take responsibility for lost vouchers so please look after them. All vouchers expire six months from date of purchase.

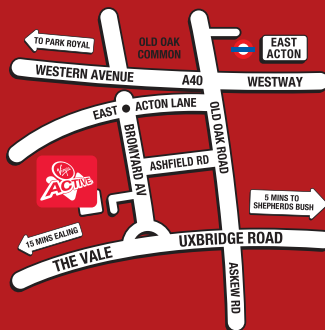
All major credit cards accepted.

For further information please visit our web site at www.heavenv.co.uk or e-mail us at beauty.westlondon@virginactive.co.uk

HeavenV Spa
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Monday: 10am - 6pm
Tuesday – Thursday: 10am - 8pm
Friday: 10am - 7pm
Saturday: 10am - 6pm
Sunday: 10am - 4pm



www.heavenv.co.uk

WE ARE OPEN TO NON MEMBERS