

# HeavenV Wokingham

## Menu of health & beauty treatments

Off peak/peak

### ESPA Facial Treatments

Aromatherapy facial	£40/£45
Rebalancing facial	£40/£45
Rehydrating facial	£40/£45
Skin brightener facial	£40/£45
Regenerating facial	£40/£45
Regenerating & Firming	
Eye treatment	£40/£45
Advanced Concept Facial	£40/£45
Holistic back, face & scalp	£60/£65
Advanced Holistic back, face & scalp with hot stones	£65/£70
Express Facial	£28/£30

### ESPA Body Treatments

Detoxifying Algae Wrap	£50/£55
Restorative Mud Wrap	£50/£55
Lifesaving Back Treatment	£41/£45
Holistic Total Body Care	£60/£65
Holistic Total Body Care with Hot Stone Therapy	£68/£75
Stimulating Hip & Thigh Treatment	£45/£50
Pre Natal Treatment	£54/£60
Salt and Oil Body Scrub	£25/£28
Exfoliating Body Polish	£25/£28

### MD Formulations Treatments

#### MD Formulations Advanced Facials

Alpha Beta Customized Peel	£47/£52
Glycolic Acid Facial Peel	£47/£52
MediSpa	£50/£55

### Classical Prescription Facials

Illuminating	£47/£52
Clearing	£47/£52
Hydrating facial	£47/£52
Firming facial	£47/£52
Rosacea management	£47/£52

### Make-Up

i.d. BareMinerals Make-Up Makeover	£24/£27
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Off peak/peak

### Massage & Specialist Treatments

Aromatherapy 60 mins	£43/£48
Aromatherapy 30 mins	£30/£32
Swedish massage 60 mins	£43/£48
Swedish massage 30 mins	£30/£32
Reflexology	£34/£38
Hot stone Back 60 mins	£43/£48
Hot stone Back 30 mins	£33/£35
Indian head massage	£28/£30
Hopi ears (With sinus pressure point massage)	£27/£30
Hopi ears	£18/£20

### Waxing Treatments

Quick, expert, and as painless as possible. Should not be performed before or after any heat treatments (e.g. sauna, steam, sunbed, or any exercise) to avoid irritation

#### Strip Wax

Full leg	£30
Three quarter leg	£23
Half leg	£17
Full leg, underarm & bikini	£45
Half leg, underarm & bikini	£32
Bikini line	£14
Extended bikini	£18
Brazilian	£26
Hollywood	£35
Underarm	£11
Full arm	£21
Half arm	£15
Lip or chin wax	£10
Lip and chin wax	£15
Men's back	£22
Men's chest	£22
Men's stomach	£20
Men's back & chest	£35
Men's shoulders & neck	£20

#### Lycon Hot Wax

Hot wax is renowned as the least painful and longer lasting waxing method. Ideal for removing short hairs.

Off peak/peak

Lip or chin wax	£12
Lip and chin wax	£16
Underarm	£14
Bikini line	£17
Brazilian	£26
Hollywood	£35

### Jessica Nail Care for Hand & Feet

Jessica Manicure	£26
Jessica French Manicure	£29
Jessica Deluxe Manicure	£31
Jessica Polish Fingers/Toes	£16
Jessica French File & Polish	£18
Jessica Standard Pedicure	£31
Jessica French Pedicure	£34
Jessica Deluxe Pedicure	£36
Men's Manicure	£20
Men's Pedicure	£25

### Jessica GEleration

Gelation Colour	£32
Gelation French Colour	£35
Gelation Colour (inc removal)	£36
Gelation French Colour (inc removal)	£39
Gelation Soak off & Tidy	£10
Gelation Soak off & Tidy with Nail Colour	£17

#### Aftercare Advice

For best results, avoid water for three to four hours after treatment, and bring open-toe shoes to wear after a pedicure.

### Safe Tanning

#### St Tropez Manual Tan £40/£45

This luxurious tanning treatment includes a full body exfoliation and application of St Tropez tan to give you a gorgeous, natural glow that lasts for days.

\*Wear loose, dark clothing when you arrive for your treatment. To maintain your tan, avoid showering or bathing 12 hours post-treatment.

Off peak/peak

## Eye Shaping, Tinting & Perming

Eyebrow shape	£11/£12
Eyelash tint*	£14/£16
Eyebrow tint*	£11/£12
Eyelash & brow tint*	£20/£22
Eyelash & brow tint & shape*	£30/£32
Eyelash perming*	£30/£32

\*Please note: if you haven't had an eyelash/brow treatment or perm with us before, or not within the last six months, you must have a patch test 24-hours before your treatment.

## Pick & Mix Spa Day Experience

How does it work; Choose any of our 30 minute treatments from the list below and create your very own Virgin Active Spa Day Experience.

HeavenV Spa Massage  
HeavenV Spa Facial  
HeavenV Body Polish  
HeavenV Express Manicure  
HeavenV Express Pedicure

**2 Treatments for £48**

**3 Treatments for £65**

For an extra £10 you can include the use of our relaxation area, pool, spa, sauna and steam room.

Courses are available on a selection of treatments. All courses are valid for 6 months (course of 3) or 12 months (course of 6). Please ask a beauty therapist for details.

## Ellipse IPL Treatments

### Ellipse Hair Removal

The Ellipse Superlight (IPL) system is a safe and effective treatment to remove unwanted hair from all areas of the body. The revolutionary process uses 'Intense Pulsed Light', which is absorbed by the hair pigment (melanin) to disable the follicle. Virtually painless, and clinically proven to reduce hair growth by up to 80%.

A consultation and patch test is compulsory before any Ellipse treatment can commence. Consultations and patch test are free of charge.

## Make your spa experience absolutely HeavenV

Beauty is not skin-deep, we know. That's why we've created a unique spa experience to indulge mind and body. Step inside, and discover a world of transformational beauty treatments and advanced therapies at your fingertips. Then, step outside feeling refreshed, revitalised, and truly exhilarated from your time with us.

Our therapists are highly qualified professionals, so you can be confident in their expertise, and benefit from some of the most advanced face and body treatments available. Restore flagging energy levels, rejuvenate tired looking skin, massage tense, aching muscles, or treat yourself to a range of salon services.

## Spa Etiquette

Please ask for advice from our fully qualified therapists if you are unsure about which facial or body treatment is best suited to you.

24-hours notice is required for all cancellations. Failure to do so will incur a 50% charge.

Late arrivals will result in treatment time being shortened accordingly.

We recommend that you arrive at least ten minutes before your appointment time so that you are relaxed and prepared for your treatment. We ask that you turn off your mobile phone whilst in the salon.

HeavenV is open to members and non-members.

We are happy to offer a client loyalty programme, please ask your therapist for details.

Gift vouchers are available for health and beauty treatments, packages and products. We regret that we cannot take responsibility for lost vouchers so please look after them.

All vouchers expire six months from date of purchase.

All major credit cards accepted.

**For further information please visit our web site at [www.heavenv.co.uk](http://www.heavenv.co.uk) or e-mail us at [beauty.wokingham@virginactive.co.uk](mailto:beauty.wokingham@virginactive.co.uk)**

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Denmark Street  
RG40 2LD

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Monday - Thursday: 9am - 9pm  
Friday - Saturday: 9am - 6pm  
Sunday: 10am - 5pm

Off peak: Mon - Fri: 2pm - 5pm  
Peak: Mon - Fri: 9am - 2pm & 5pm - 9pm  
and all day Saturday and Sunday



[www.heavenv.co.uk](http://www.heavenv.co.uk)

**WE ARE OPEN TO NON MEMBERS**